

THE SPA  
NOMAD

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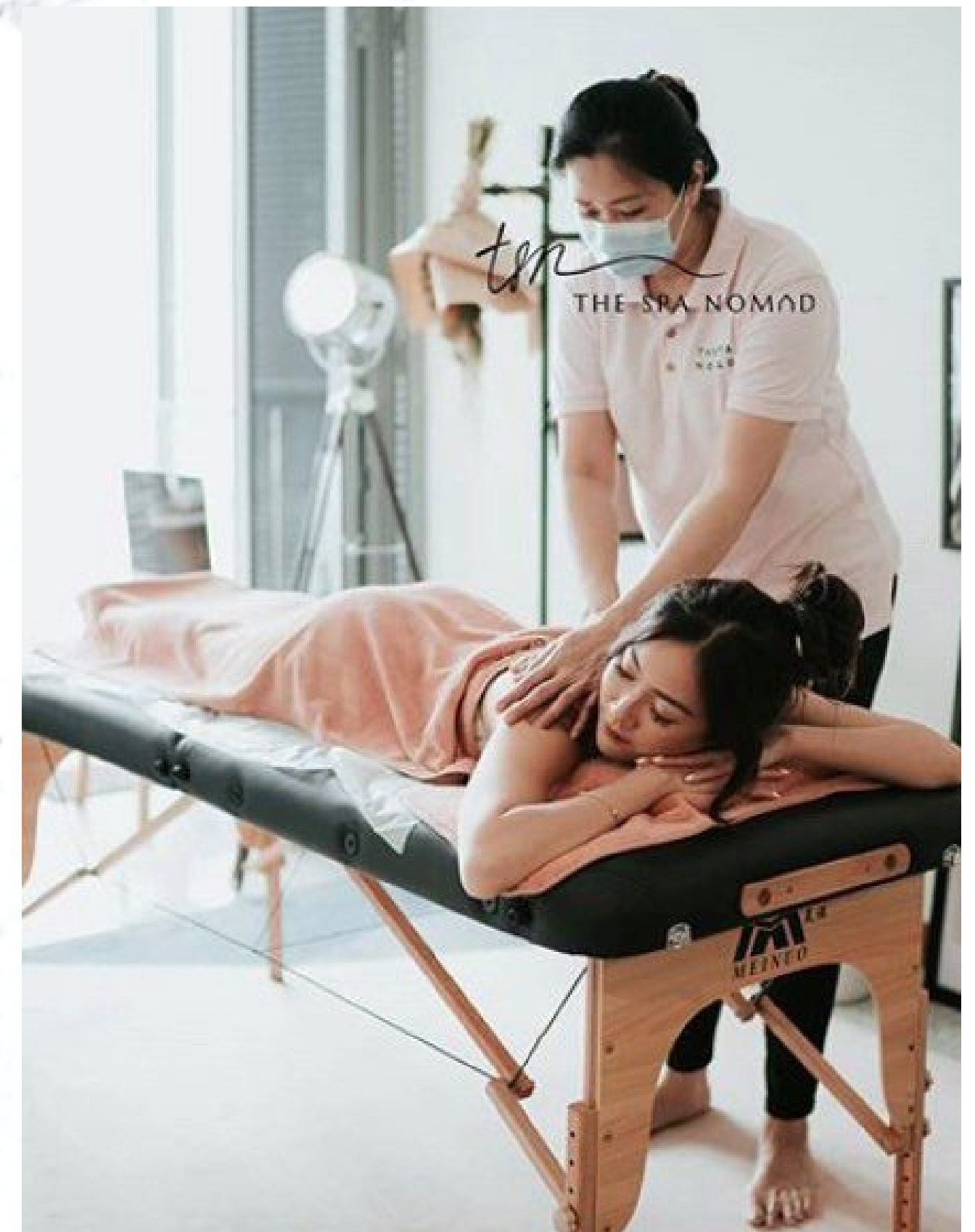


AUCKLAND

PARKSIDE

HOTEL AND APARTMENTS

## CREATE YOUR OWN PERSONAL DAY SPA



EASY ACCESSIBLE QUALITY SELF-CARE

we come to you

Rejuvenate in your own space

### HOW TO BOOK

#### Step 1: Pick A Date

Select a date and time you want a facial treatment or massage.

#### Step 2: Make A Booking

Make a booking by visiting reception to arrange your appointment.

#### Step 3: Sit back and Relax

You're all set!

### ABOUT US

The Spa Nomad NZ is a mobile beauty and wellness services company based in New Zealand. Whether it is a facial or massage, our mobile team of professional therapists will come to you.

We bring all the equipment needed. We come to your location so you can just sit back and relax.



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# SERVICES

## ADVANCED FACIAL TREATMENTS

Prenatal / Postnatal Facial | Collagen Facial  
| Brightening Facial | Oxygen Facial

(60 mins)

*Includes relaxing Shoulder and Facial massage*

**\$178.00/session**

## FIRE & ICE CUSTOMIZED FACIAL

*Known as the "Red Carpet Facial" or "Hollywood Facial"*

(60 mins)

**\$248.00/session**

## SIMPLY WELLNESS FACIAL AND MASSAGE

**\$225.00/session**

(75 mins)

## LUXURIOUS CLASSIC RELAXING FACIAL

**\$158.00/session**

(60 mins)

## MASSAGE TREATMENTS

Swedish Massage (60m)

**\$138.00/session**

Deep Tissue Massage (60m)

**\$158.00/session**

Couples (90m per person)

**\$378.00/per couple**

*Note: length of massage treatments can be extended.*

*There will be a charge of \$60 per additional 30m.*

## TREATMENT DESCRIPTIONS

### FIRE AND ICE FACIAL

For Acne Scarring, Fine Lines and Wrinkles, Pigmentation, Acne Scarring, Acne Reduction, Blackheads and Breakouts, Dry or Rough skin, Enlarged Pores, Redness and Rosacea.

(known as the "Red Carpet Facial" or "Hollywood facial") The Fire and Ice Facial is a 60-minute intensive treatment using two professional masks from IS Clinical. It is designed to resurface the skin, reduce fine lines, wrinkles and hyper-pigmentation, help clear acne and improve acne scarring. It provides instant brightening, tightening and smoothing effects in no time.

### PRENATAL / POSTNATAL FACIAL

For Dry or Rough Skin, Enlarged Pores, Spider Veins and Broken Capillaries, Redness and Rosacea, Acne Scarring, Fine Lines and Wrinkles

Specially customised for pregnant women and breastfeeding mothers to accommodate the increased sensitivity of your skin. It helps to deeply hydrate the skin to alleviate some of the dryness or dullness commonly experienced in pregnancies. Further, it assists in stimulating your blood circulation and oxygenates the skin to leave your face with a healthy glow.

### SIMPLY WELLNESS

This tranquil premium VIP package involves a luxurious massage and our signature Luxurious Classic Relaxing Facial. Enjoy a collagen tea alongside your treatment and be transported to paradise as you are treated with a relaxing full body massage to release tension and stress from tight muscles, and our signature Luxurious Classic Relaxing Facial to bring hydration and revitalisation to your skin.

### SWEDISH MASSAGE

A Swedish massage focuses on muscle relaxation, targeting superficial muscles and increasing the level of oxygen in the blood. It helps to improve circulation and flexibility while easing tension. This massage incorporates several specific techniques, including long, gliding strokes to help break up trigger points and rhythmic tapping with cupped hands to facilitate relaxation. These techniques combine to relax the entire body by warming up the muscle tissue, releasing tension and gradually breaking up any knots.

For all treatments, our therapists are equipped with:

- portable top-of-the-line facial tools, devices and machines
- hygiene products to keep all tools clean and ready
- clean sheets/towels (though you are welcome to use your own)
- disposable bed covers
- the products required for the treatment(s) requested
- the best hands in the business to allow you to enjoy the entire experience in the comfort of your own space

### PREMIUM EYE TREATMENT WITH COLLAGEN AND COLD MACHINE

**\$50/session**

*Upgrade any facial with this treatment to address fine lines, wrinkles, dark circles and puffiness. Suitable for Sensitive Skin.*

### BRIGHTENING FACIAL

For Dry or Rough Skin, Dull and Tired Skin, Fine Lines and wrinkles.

Revitalising and brightening facial is perfect for dry, dull and tired skin. Beginning with an enzyme peel, the process removes the outermost layer of dead skin cells, followed by the application of vitamin A, C and E ampule product boost. The LED light therapy machine and a brightening mask which will leave your skin softer and brighter.

### COLLAGEN FACIAL

For Fine Lines, Wrinkles and Pigmentation, Dull and Tired Skin

Ultimate anti-ageing treatment for plumping skin and reducing fine lines. It involves a hot and cold machine which applies collagen ampule product on your skin. The heat increases blood and lymphatic circulation and stimulates the growth of new collagen and elastin. The cold temperature boosts skin metabolism and energy, resulting in visible skin renewal.

### LUXURIOUS CLASSIC RELAXING FACIAL

This treatment is designed for all skin types.

This is a specialised relaxing treatment customised to your specific skin needs with all the essentials including: cleansing, exfoliation, and masks to deliver excellent results. This luxurious treatment also includes a relaxing Shoulder and Facial Massage.

### OXYGEN FACIAL

The Oxygen Facial involves a machine that sprays highly concentrated oxygen molecules right into the surface of the skin. The ampule product we use for this facial is rich in hyaluronic acid, peptides and vitamins, which deeply hydrate your skin leaving you radiant.

### DEEP TISSUE MASSAGE

The deep tissue massage utilises slow, firm strokes and pressure to ease and release tension deep in the muscles. While some of the massage strokes may appear similar to that of a Swedish massage, this in fact involves slower and firmer strokes with deep finger pressure focusing on particular areas such as muscle fibres and tendons, which in turn helps to break down muscle knots or adhesions.